



# Join us for Mental Health Day on the Hill!

Thursday, March 16, 2017

We've made great progress in building Minnesota's mental health system, but in many ways it is still *"under construction."*

We need to continue to work toward ensuring that a continuum of services exists to help people move toward mental health recovery.

Join us at this year's Mental Health Day on the Hill to learn about the issues, talk to your legislators, and make your voice heard at the rally!

## Schedule of Events

**10 AM to 11:30 AM**

### ***Mental Health Issue Briefing***

Cedar Street Armory, 600 Cedar Street, St. Paul

**11:30 AM to 1:30 PM**

### ***Visits with Legislators/Lunch***

Call legislators to make appointments in advance.

Click [here](#) to find your legislators. If you make appointments, please email appointment details to [ssmith@namimn.org](mailto:ssmith@namimn.org).

**1:30 PM to 2:30 PM**

### ***Mental Health Day on the Hill Rally***

State Capitol Rotunda

## Need a Ride?

Free bus transportation is available across the state so you can attend Mental Health Day on the Hill.

Check out the routes and register online [here](#).

## Questions?

[www.mentalhealthmn.org](http://www.mentalhealthmn.org)  
1-800-862-1799

[www.namihelps.org](http://www.namihelps.org)  
1-888-NAMI HELPS

Mental Health Day on the Hill is sponsored by the Mental Health Legislative Network.